

January 4, 2007

Dear Circle Sisters,

Every year we make resolutions. Those resolutions usually include losing weight and exercising. What are your spiritual resolutions? Did you resolve to study more? Did you resolve to spend more time visiting or sending cards? Did you resolve to attend every church meeting possible? Did you resolve to give more of your substance? Did you resolve to become a better servant?

The truth is that in a few weeks most of us will forget our resolutions and the treadmill will become a coat rack. Let's resolve to keep our planned spiritual improvements this year. Let's resolve to get to know the Saints in our branches and missions better.

They say that it takes only 21 days to establish a habit. Pick one spiritual goal and make it a habit. If you plan to spend more time with the Saints, just do it. Invite someone over for dessert if you aren't comfortable enough or able to make an entire dinner. The food is not the important part of the event. The actual developing of close friendships is the goal. My grandmother used to always say, "No one is coming to see my house. They are coming to see me." Live that. She had the Saints in her house every Sunday and sometimes she fed them dinner, but sometimes she gave them a bowl of soup, a cup of coffee and a donut. Everyone lovingly remembers those times. I am sure they can't remember what they ate. All they remember is that her home was always open for them.

If you want to uplift someone, but can't drive to see them, call them. Send them a card. Remember it only takes 21 days to develop a habit. Develop a good spiritual habit and it will carry you throughout this New Year and into many more to come.

Resolve to be a better servant in 2007 and *don't use that treadmill as a coat rack!*

I love you and hope to see you in February,

Sis. Karen